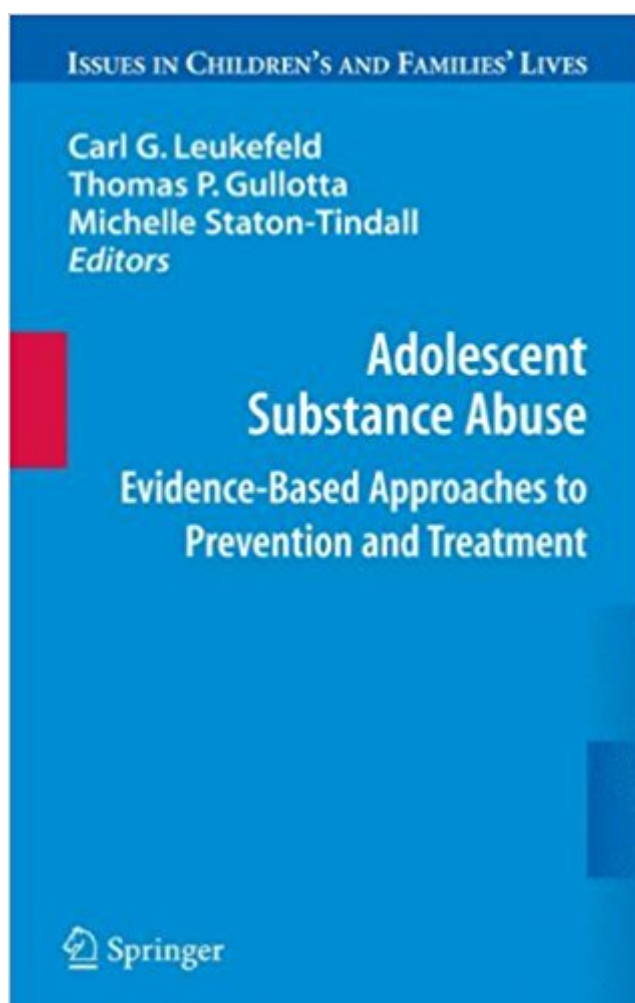


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# Adolescent Substance Abuse: Evidence-Based Approaches To Prevention And Treatment (Issues In Children's And Families' Lives)



## Synopsis

Substance abuse is, and has always been, an indisputable fact of life. People – especially young people – abuse various legal and illegal substances for any number of reasons: to intensify feelings, to achieve deeper consciousness, to escape reality, to self-medicate. And as substance-abusing teenagers mature, they pose particular challenges to the professionals charged with keeping them clean and sober and helping them maintain recovery into adulthood. Adolescent Substance Abuse: Evidence-Based Approaches to Prevention and Treatment offers clear, interdisciplinary guidance that grounds readers in the many contexts – developmental, genetic, social, and familial among them – crucial to creating effective interventions and prevention methods. Its contributors examine current findings regarding popularly used therapies, including psychopharmacology, residential treatment, school- and community-based programs, group homes, and specific forms of individual, family, and group therapy. Accessible to a wide professional audience, this volume: (1) Presents evidence-based support for the treatment decision-making process by identifying interventions that work, might work, and don't work. (2) Identifies individual traits associated with susceptibility to substance abuse and addiction in youth. (3) Provides a biogenetic model of the effects of drugs on the brain (and refines the concept of gateway drugs). (4) Evaluates the effectiveness of prevention programs in school and community settings. (5) Adds historical, spiritual, and legal perspectives on substance use and misuse. (6) Includes the bonus resource, the Community Prevention Handbook on Adolescent Substance Abuse and Treatment. This volume is an all-in-one reference for counseling professionals and clinicians working with youth and families as well as program developers in state and local agencies and graduate students in counseling and prevention.

## Book Information

Series: Issues in Children's and Families' Lives (Book 9)

Hardcover: 272 pages

Publisher: Springer; 1 edition (December 12, 2008)

Language: English

ISBN-10: 0387097309

ISBN-13: 978-0387097305

Product Dimensions: 6.1 x 0.7 x 9.2 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 4 customer reviews

Best Sellers Rank: #359,625 in Books (See Top 100 in Books) #88 in Books > Science & Math > Physics > System Theory #689 in Books > Textbooks > Social Sciences > Psychology > Developmental Psychology #774 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Psychiatry

## Customer Reviews

From the reviews: "This book identifies individual characteristics that appear to increase the susceptibility of some adolescents to misuse substances and the evidence-based approaches to treatment and prevention that are efficacious as well as those that are ineffective. | This book would clearly be most beneficial for individuals in the substance abuse counseling profession, as well as mental health clinicians and those in treatment intervention and prevention program development. Academic audiences might include graduate students in counseling and clinical psychology | • (Michael S. Goldsby, Doody's Review Service, January, 2010)

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and families as well as program developers in state and local agencies and graduate students in counseling and prevention.

Filled with great information!

Lots of Historical knowledge and facts about substances that the world is exposed to today. Love this book it is the best and easiest to read on alcohol and drug information. It is also easy to port since it is small, so it is worth the money.

I have used this text for several semesters, and we have designed our correspondence course around this text. The book indeed requires hard work on the part of our students to grasp the concepts. Part of this work is done during the reading of the book, the vast majority occurs during my classes and within videos we add to the course. It is a heavily research based, and as such is highly accurate. Another text that works well is the Ken Winters book on adolescent addiction "Clinical Manual of Adolescent Substance Abuse Treatment." The Winters book is a bit more readable without dumbing down.. the Winters book is a good undergrad book, the Leukefeld book is an excellent senior level/grad level book.

As a college instructor, I would never use this book again. It was entirely research oriented, and was not readable at all. My students hated it.

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